

## Health Overview & Scrutiny Committee

22<sup>nd</sup> September 2010

Report of the Head of Civic, Legal & Democratic Services

# **Cover Report – Childhood Obesity Scrutiny Review Final Report**

## Summary

1. This report presents Members with the final report (Appendix 1 refers) arising from the Childhood Obesity Scrutiny Review.

## Background

- 2. Between December 2009 and July 2010 a small cross-party task group gathered evidence in relation to the Childhood Obesity Scrutiny Review. This resulted in them making the following recommendation:
  - i. That there should be a dedicated lead officer based within the City of York Council who is responsible for promoting and leading on the childhood obesity agenda. This officer should establish pathways of intervention throughout childhood, young adulthood and continuing into adulthood. Any lead officer, should also:
    - Promote clear pathways and long term planning of provisions/initiatives and identify resources for longer term provision of initiatives
    - Undertake a revision of what NHS North Yorkshire & York commission from school nurses to include more work on supporting families and childhood obesity programmes
    - Encourage schools to examine PE provision and make sure they maximise the time used for physical activity
    - Encourage all forms of physical exercise (both inside and outside of school hours)
    - > Explore and learn from areas of good practice within other authorities
    - From data currently available undertake an impact assessment of work being undertaken at the present time and the likely impact of any additional measures put in place

Reason: To address the concerns set out in the original topic registration form.

3. Further information on the background to this topic is contained within the final report at Appendix 1 to this report.

## Consultation

4. During the course of gathering evidence for this review the Task Group consulted various officers in the Council, representatives of NHS North Yorkshire & York, the York Hospitals Foundation Trust, the Community Project Officer of the Altogether Better Programme, a private nursery provider and a former parent governor and representative of the Education Scrutiny Committee.

# Options

- 5. Members have the following options:
  - **Option 1** Approve and endorse the final report and the recommendation arising from the review prior to it being presented to the Executive
  - **Option 2** Amend the final report and/or recommendation arising from the review prior to it being presented to the Executive
- 6. Members are also requested to consider making the following small amendment suggested by the Health Improvement Manager at NHS North Yorkshire & York:
  - In paragraph 89 of the final report to change the words 'eating the wrong foods' to 'eating too much energy'. It is the fact that people are eating too many calories rather than the wrong foods that should be the key point in this statement.

# Analysis

- 7. A full analysis of the evidence received is set out within the body of the final report at Appendix 1 to this report.
- 8. Members are advised to consider the information contained within the implications section of the final report at Appendix 1 and initially, ask the Members of the Task Group whether they would be prepared to amend their recommendation in light of these comments. If so, then the Committee would be able to endorse these changes prior to the report being presented to the Executive. However, should the Task Group not wish to change the recommendation the Committee can, as a whole, suggest that they do so if they felt this was the most appropriate way forward.
- 9. In light of the comments provided by senior CYC officers and representatives of NHS North Yorkshire & York the Task Group and Committee are advised to seriously consider amending the recommendation arising from the review along the lines of the comments set out in the implications section of the final report.

## Corporate Strategy 2009/2012

10. This report and the review being undertaken are directly linked to the 'Healthy City' theme of the Corporate Strategy 2009/2012.

#### Implications

11. Implications are set out within paragraphs 95-99 of Appendix 1.

#### **Risk Management**

12. Risks associated with the recommendation arising from the review are at paragraph **100** of Appendix 1.

#### Recommendations

13. Members are asked to note the recommendation arising from the childhood obesity scrutiny review. They are recommended to consider the impact of the implications set out in paragraphs 95 to 99 of the final report (Appendix 1 refers) on the Task Group's recommendation relating to the creation of a new post that would, if created, be based within this Local Authority.

Reason:

- i. To address the concerns set out within the original topic registration form
- ii. To address the comments made by the Primary Care Trust and senior officers within CYC on the recommendation arising from the review.

#### **Contact Details**

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Background Papers:

None

#### Annexes

Appendix 1 Final Report Arising from the Scrutiny Review on Childhood Obesity